



Activity time!



I've been busy again trying out a new cress experiment for you. I bet you can be more creative than me. why don't you give it a go. Don't forget you can eat the cress once you have grown it. i personally love mine in an egg sandwich....yummy!

Instructions

1. First of all you will need to collect some egg shells. But don't waste the eggs, wait until Mum or Dad cook an omelette or breakfast and ask them to crack the eggs at the top so you can use them. Remember to wash the shells out.
2. Place some cotton wool in the egg shells and add some water. Not too much though.
3. Sprinkle some cress seeds on top of the wet cotton wool.
4. Decorate the front of your eggs with faces and googly eyes.
5. Place your eggs somewhere that is warm and light. After about a week your cress should have began to grow.
6. Why not use your cress in a sandwich or salad?



You will need:

Egg shells
Cress seeds
Cotton wool
Water
Marker pen
Googly eyes

